ProtectUK

The Blue Book: A Guide to Personal Security

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The aim of The Blue Book: A Guide to Personal Security is to provide advice options when you are implementing a personal security plan.

Introduction to The Blue Book

The Blue Book: A Guide to Personal Security may form part of a wider personal security package delivered by an accredited Counter Terrorism Security Advisor (CTSA) or a Designing out Crime Officer (DOCO). It should be referred to when refreshing your own personal security.

DOCOs may also be known regionally as Crime Prevention Officers (CPO), Crime Prevention Design Advisors (CPDAs) or Architectural Liaison Officers (ALOs) depending on the local police force.

It is impossible to provide security for every eventuality; this guide provides generic advice to deter and to delay to give sufficient time to react and to mitigate risk.

Information and guidance

The Blue Book will also signpost you to other valuable sources of information and guidance.

Whilst this guidance does provide some technical detail, it is advisable to seek the support of a security professional, or from the appropriately qualified body accredited to the British Standards Institute (BSI) (where required) to ensure the standards are up to date and suitable in order to mitigate risk.

The guide provides advice on how to stay safe at home, at work, on the move and online.

It is important to be mindful of the risks. These are dependent on your personal circumstances and

the type of environments you are likely to encounter.

Considerations

In reading the guidance, you need to consider your type of work and home life.

Consider the following points:

- **Profession**: Does your role/position make you or your place of work an attractive target?
- **Specific threats**: Is there information to suggest that you, your family or associates are at risk of serious harm?
- **Personal history**: Have you, your family or associates been targeted in the past?

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